MCGILL UNIVERSITY
SCHOOL OF PHYSICAL AND OCCUPATIONAL THERAPY

PRESS RELEASE: Montreal: To stay current with what’s happening at McGill’s School of Physical & Occupational Therapy (SPOT), check out the School’s website www.mcgill.ca/spot or join the group on Facebook or LinkedIn.

McGill alumni returned to SPOT for Homecoming, in October. While celebrating graduates from the classes of 1965 50th reunion (see photo – photo credit S.C.Marshall), 1980, 1985 and 1990, we also highlighted the 10th anniversary of the Online Graduate Certificate in Driving Rehabilitation. This groundbreaking program has been the result of a collaboration between SPOT, the Constance-Lethbridge Rehab Centre (CLRC), the automobile licencing board of Québec (SAAQ), and the professional order of occupational therapists in Québec (OEQ). The program was originally created in response to a pressing need for trained professionals who could offer specialized services in the field of driver evaluation and training. Demand for the program has continued to grow, what with the demographic shift in the population and incredible technological advances available. In addition, screening for at-risk drivers has become a primary concern at many levels of government and in health care. The SPOT program was the first of its kind in North America, and is offered in French and English to participants across the country and around the world. In the past ten years, 15 successful cohorts have graduated 144 health care professionals, of which 80% are actively working as Driving Rehabilitation Specialists. Testimonials from our students and their employers are very positive and can be viewed here.

Seen in the photo taken at Homecoming, are (from left to right): Carolle Leroux, OT, CRCL clinical supervisor; Alyssa Merilees, OT, Course lecturer, CRCL clinical supervisor; Jamie Dow, MD, SAAQ; Dana Benoit, MSc, OT, Faculty lecturer, CRCL clinical supervisor; Isabelle Gélinas, OT, PhD, Director, Graduate Studies, SPOT. (photo credit: Monica Slanik)

In other SPOT news:
• Effective this fall, Ms. Suzanne Rouleau has been promoted to part-time Assistant Professor (Professional) and Dr. Sara Saunders has been promoted to Assistant Professor (Professional).
• Prof. Marie-Éve Bolduc won Best Poster at the 8th Annual Canadian Society of Hand Therapists’ conference, for the submission, “Flow diagram to guide the assessment and identification of ROM restriction determinants.” Collaborating with Marie-Éve were Prof. Nancy Forget and Dr. Bernadette Nedelec.
• Dr. Laurence Roy has received funding from the CIHR for her project on housing and risk of homelessness among new mental health service users.
• Dr. Isabelle Gélinas and Dr. Barbara Mazer had their multi-centre research video, “Understanding the older driver; innovation meets opportunity” awarded Best Video and Peoples’ Choice Award at the AUTO21 2015 Conference.

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• **Dr. Keiko Shikako-Thomas** was featured in “Perfect Parenting” episode on AMI-tv, during the summer. The episode dealt with adapted TV for the visually impaired. JOOAY and Leisurenet were highlighted.

• Two members of **Dr. Melissa Park’s** research team (Orly Estein and Sarah Sandham) did an interview on Radio Moon about their CIHR-funded projects. Radio Moon is a program on McGill’s CKUT campus radio station and is a project of Forward House, dedicated to people living with mental health issues.

The CIHR-funded projects’ titles are: A mixed qualitative study on the ethics of transforming care: Examining the development and implementation of Canada’s first mental health strategy, and Transforming mental health services: A participatory mixed methods study to promote and evaluate the implementation of recovery-oriented care. Other SPOT members on these projects include **Dr. Raphael Lencucha**, Prof. Suzanne Rouleau, and Prof. Hiba Zafran.

### QUEEN’S OT STUDENTS TAKE ON OT MONTH

**BY ALEXIS NIZZERO & CHARLOTTE LARRY, MSC(OT) CLASS OF 2016 OT PROFESSIONAL REPRESENTATIVES**

This year the Queen’s MScOT classes of 2016 & 2017 had the goal of raising awareness about the field of occupational therapy both on campus and on social media. At the beginning of October, we formed a small subcommittee to spearhead initiatives that involved guerrilla marketing, photo contests, and charitable donations. As future occupational therapists we were excited to help answer the too-often-asked question, “what is OT?” as well as to simply put OT on the radar for students who may have been previously unaware of the field. The initiatives we carried out included:

- **Chalking:** Students took sidewalk chalk to the pavement around campus writing quotes, drawing pictures and bringing attention to social media hashtags, to increase awareness for OT among Queen’s students.

- **“Super OT” T-shirt:** We designed a t-shirt with a Superman/OT design on the front and a short message describing OT on the back. T-shirts were sold to OT students and faculty, with profits going to the Jack Project (Queen’s Chapter) to support their efforts to raise awareness about student mental health. A total of $350 was donated!

- **Class Photos on the School of Rehabilitation Therapy Crest:** Both classes wore their OT Month shirts or a Rehab themed t-shirt for a photo that was submitted to & shared by CAOT.

- **#31dayOTchallenge:** Taking part in the CAOT initiative, the Queen’s Rehab Society posted a photo to Twitter & Instagram every day of the month. Pictures were representative of how OT can be the change clients need to live well with disease, disability and/or diagnosis. We got a mention from CAOT for being one of the top contributors to the campaign!

- **Queen’s OT Photo Challenge:** We had a photo contest for students to submit pictures similar to those of the #31dayOTchallenge, choosing a weekly winner to be entered in a grand prize draw. Over 200 photos were submitted on Instagram and Facebook with the contest hashtag (#queensOT) during October.

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These initiatives had a direct impact on the visibility of OT both on campus and off, but most evident was the impact on our classes’ enthusiasm for promoting the profession. Throughout the month, our OT ‘16 Facebook group was full of students’ stories about strangers commenting on their “Super OT” shirts, friends asking what their latest #queensOT post meant, or how they explained occupational therapy to a new colleague on placement. If nothing else, one thing was clear—we couldn’t be more excited and proud to be in OT!

A recent partnership between the Immigrant Services Association of Nova Scotia (ISANS) and Dalhousie School of Occupational Therapy created a great learning opportunity for all involved. 13 new residents to Canada who are enrolled in a course entitled “Communication for Healthcare Professionals” were interviewed by Dalhousie occupational therapy students who were honing their assessment skills, and learning about some of the social and environmental barriers to transferring healthcare skills to Canada from abroad.

Both groups of students say they enjoyed the experience, and learned so much from each other. One of the new residents said “I didn’t really know very much about occupational therapy. The students did a good job telling us about it.” As one mentioned, “The best thing about my experience was being able to talk to someone about the person I was in the beginning when I first came to Canada and the person I am now after adapting to living here.” Another participant said, “The most important thing about these interviews is communication skills. I think this is a great opportunity and experience for all of us.”

The occupational therapy students said it was interesting to learn from them, and to receive feedback from them, especially knowing they are health professionals. “It was good to have the experience of really interviewing someone, and to learn about all they have to go through,” said one. “Yes, and they were so interested in what we do.” The experience is intended to help to prepare students for their fieldwork, which will start early in the new year.

This win-win situation created “partners for learning” and we look forward to repeating the experience in the future.

CAOT FELLOWSHIP AWARD 2015

Dr. Margo Paterson has been expanding boundaries for occupational therapists in Canada and internationally for close to 40 years. She worked as a front-line practitioner in Canada and Australia, after which she joined Queen’s University as a lecturer and fieldwork coordinator. Her research work focused primarily on the areas of professional reasoning and inter-professional education. Following her retirement as Professor Emerita in 2013, she has been involved in several research and service roles including Executive Director of ACOTUP.
NEWS FROM OS&OT AT THE UNIVERSITY OF TORONTO

HONG KONG OTS VISIT THE DEPARTMENT OF OS&OT
The Department of Occupational Science & Occupational Therapy was honoured to welcome guests from Hong Kong for two weeks in October. While they were here, Occupational Therapists Simon Wong Kam Man, Maurice Wan Sing Hin, Christina Yau Sai Fun, and Joyce Cheung Tsz Ying made a special presentation entitled “Innovation and Occupational Therapy in Hong Kong” as part of Rehab Rounds and the Department’s celebration of OT Month. As they had a particular interest in assistive technologies, they were thrilled to meet with Drs. Alex Mihailidis and Rosalie Wang, who are recognized leaders in the field.

RSI SPEAKER SERIES FOR OT MONTH
The Rehabilitation Sciences Institute celebrated Occupational Therapy Month with a Speaker Series. The five sessions included:
- Dr. Bonnie Kirsh, “Transforming values into action: Advocacy as a professional imperative”
- Dr. Mary Stergiou-Kita, “Work Integration Across Populations”
- Dr. Susan Rappolt, “Political occupation of the individual: 21st century oppression and slavery”
- Dr. Nick Reed and Dr. Anne Hunt, “Pediatric Concussion: An Emerging Field for Occupational Therapists”
- Joanne Maxwell and Dr. Heidi Schwellnus shared their perspectives and experiences in supporting and advancing evidence-based practice at Holland Bloorview Kids Rehabilitation Hospital.

UNIVERSITY PARTNERSHIP FOR ACADEMIC REHABILITATION (UPAR) ANNUAL RETREAT
On November 4th, UPAR held its annual retreat at Hart House, University of Toronto. The evening’s activities included presentations by Nick Reed, a Clinician/Scientist at OS&OT and Bloorview Research Institute, who described the four Centres for Leadership (Participation and Inclusion; Child Development; Acquired Brain Injury; and Innovation) that make up the clinical research program at Holland Bloorview Kids Rehabilitation Hospital.

Kevin Reel, Ethicist at the Centre for Addiction and Mental Health and Interim Discipline Co-Chief for Occupational Therapy CAMH, described Cognitive Adaptation Training, a relatively new approach to enabling people living with chronic schizophrenia to manage living as independently as possible, as well as his research related to the prospective roles of OTs in the provision of ‘physician-assisted death’, which may soon become a reality in Canada.

Beverly Bulmer, Director, Health Disciplines Practice and Education, St. Michael’s, spoke about the development of a research capacity and knowledge translation action plan to build and enhance practice based research (PBR) and knowledge translation (KT).

The event was well attended and the presentations inspiring and thought provoking.

REHAB SCIENCES INSTITUTE CELEBRATION
On November 4th, the Faculty of Medicine celebrated the launch of the Rehabilitation Sciences Institute (RSI) at the University of Toronto with speakers Dr. Angela Colantonio, Director, Rehabilitation Sciences Institute and CIHR Research Chair in Gender Work and Health, and Dr. Rosalie Wang, Assistant Professor, Department of Occupational Science and Occupational Therapy and Affiliate Scientist, Toronto Rehabilitation Institute.

The Rehabilitation Sciences Institute provides research training opportunities for graduate students through an interdisciplinary lens. Students and faculty from a broad range of backgrounds — occupational science and occupational therapy, physical therapy, speech-language pathology, medicine, engineering, sociology, kinesiology, women’s studies, and beyond — pursue rehabilitation research focused on changing and improving the lives of people and communities. The RSI will, without doubt, become an international leader in rehab sciences.

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OS&OT PROFESSORS WIN GRADUATE TEACHING AWARDS

Drs. Alex Mihailidis and Deirdre Dawson were presented with the University of Toronto Faculty of Medicine’s 2015 Graduate Teaching Award for Continuing Excellence in Graduate Teaching and Mentorship.

The award for Continuing Excellence in Graduate Teaching and Mentorship is one of six annual graduate faculty teaching awards to honour and celebrate outstanding contributions to graduate education. Candidates are nominated by their Graduate Department through a student-initiated or recent graduate-initiated process, and the awards are adjudicated by the Faculty of Medicine Graduate Awards Committee, consisting of faculty and graduate students.

In the many nominating letters submitted in support of the award, both Alex and Deirdre were described as “a truly exceptional professor and exemplary mentor”.

Vice Dean of Medicine, Allan Kaplan, quoting from the nominators, described Deirdre as having “incredible passion for her work” and that her “genuine enthusiasm and encouragement” motivated and guided students through difficult times. Alex was appreciated for being “highly innovative, productive, and an internationally recognized scientist, leader and advocate in the field of assistive technologies,” contributing to several MScOT students winning RESNA Awards.

The awards were presented earlier this year.

ACOTUP RESEARCHERS’ PROFILES

Name of Researcher: Angela Colantonio, U of T

Degrees and Professional Qualifications (including fellowships): Fellow (American Congress of Rehab Medicine); Fellow (American College of Epidemiology); PhD (Epidemiology and Public Health); MHS (Health Promotion Specialization), BSc(OT)

Area of Research: Professor at the University of Toronto in the Department of Occupational Science & Occupational Therapy with cross appointments in the Dalla Lana School of Public Health and the Graduate Department of Rehabilitation Science, and is a Senior Scientist at Toronto Rehabilitation Institute, UHN. I lead an internationally recognized program of research on acquired/traumatic brain injury (ABI/TBI) that includes examination of ABI in the population targeting injury prevention and post-acute care, including a special focus on vulnerable populations. My research program focuses on the nature and outcomes of neurological conditions such as traumatic brain injury with a major focus on employment outcomes. Other areas of my research program include long term outcomes following traumatic brain injury and exploring the impacts of sex and gender on health outcomes and health service utilization.

Research Related Awards and Honours:

- Guest of Honour in recognition of CIHR Research Chair in Gender, Work & Health, Department of Occupational Science & Occupational Therapy Research Symposium, University of Toronto (2013)
- CIHR Research Chair in Gender, Work and Health (2013)
- Featured Scientist, University of Toronto Boundless Campaign (2012)

Grants/Funding History (selected):

- W.C. Miller, A. Mihailidis, A. Mackworth, L. Demers, R.L. Kirby, et al. (2009-15). Wheeled Mobility for Older Adults. CIHR emerging Team Grant ($1.48 million).

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Research Collaboration: The CanWheel Emerging CIHR Team in Wheeled Mobility for Older Adults: I recruited this team of 16 investigators from across Canada to come together with a mandate to improve wheeled mobility for vulnerable older adults with mobility limitations. The diverse team consists of experts in the fields of biomechanics, computer science, engineering, epidemiology, gerontology, occupational therapy, physiatry, and sociology representing 4 provinces and 6 academic institutions. Together we have developed a program of research spanning 5 key research projects to be conducted over a 6-year period. Put simply, our research will address: 1) how older adults use their power wheelchairs; 2) how power wheelchairs can be better designed through collaborative control (wheelchair user working in conjunction with the power wheelchair); and 3) how to better train individuals to use their power wheelchairs. We have also validated a Power Mobility toolkit to better measure important aspects of power wheelchair use including social participation and caregiver burden.

To view this profile in its entirety, please click here: http://www.acotupacpue.ca/English/sites/default/files/Profiles/Bill%20Miller%20%20%28University%20of%20British%20Columbia%29.pdf

Name of Researcher: Brenda L. Beagan, Dalhousie University

Degrees and Professional Qualifications (including fellowships): Postdoctoral fellowship (medical education); PhD (Medical Sociology) BA & MA (Sociology)

Area of Research: My research focuses on the ways social inequalities shape and are shaped by occupational engagement and meaning. In other words, how what we do (and don’t do) constructs gender, ethnicity, class, culture etc, even as sexism, racism, ethnocentrism, ableism, heterosexism, classism etc shape what we do and don’t do. I also study how social inequalities affect the everyday experiences of health professional education and practice.

Research Related Awards and Honours:

- Tier II Canada Research Chair, Women & Health, Dalhousie University ($500,000)(2007-12)

Grants/Funding History:

- Co-PI: Brenda Beagan, Lisa Goldberg; Co-I: Sue Atkinson, Mary Bryson, Cressida Heyes. (2009-14). Health care practices and relationships: The experiences of queer women and primary care providers. CIHR Operating Grant ($293,874).

Research Collaboration: I have worked with Gwen Chapman (UBC) since 1998, initially as a research assistant on one of her projects while I was doing my PhD in another department. At first it was a way to earn rent money while doing something interesting. But even after the grant ran out, I continued to work with Gwen, writing and publishing the data. When I got a faculty position, we were co-PIs on my first CIHR grant. We recently co-led a national CIHR-funded team in a study that has resulted in a forthcoming book. I learned from Gwen how important it is to support research assistants and other trainees to work to their full potential, designing the work so they can stretch to new accomplishments – which means trusting people to do good work, and supporting them with regular contact to make sure they have what they need to do so. And I have learned the value of complementary skills and abilities on a team... Gwen and I work quite differently, but together we run a great team.

To view this profile in its entirety, please click here: http://www.acotupacpue.ca/English/sites/default/files/Profiles/Brenda%20Beagan%20%28Dalhousie%20University%29.pdf
**Name of Researcher:** Cheryl Missiuna, McMaster University

**Degrees and Professional Qualifications (including fellowships):** PhD (Special Education); MSc (Educational Psychology); BSc (OT); OT Reg OT

**Area of Research:** My program of research focuses on improving service delivery and quality of life for children with developmental coordination disorder (DCD) and their families. This work is broad ranging from: increasing awareness of DCD through knowledge translation efforts (http://dcd.canchild.ca/en/dcdresources/workshops.asp); facilitating earlier identification of children with DCD in primary care and early childhood education settings; longitudinal studies of the secondary physical and mental health consequences of DCD; and health services studies with provincial Ministries to develop, implement and evaluate an OT service delivery model (Partnering for Change) that will hopefully transform school health support services in Ontario for children with DCD.

**Research Related Awards and Honours:**
- John and Margaret Lillie Chair in Childhood Disability Research (awarded, 2014-19)
- Director, CanChild Centre for Childhood Disability Research (2006-13)
- Dr. John Whittaker Memorial Award for Contributions in Childhood Disability (2012)

**Recent Grants/Funding History:**

**Research Collaboration:** One of the main reasons I accepted a faculty position at McMaster University was the presence of CanChild, Centre for Childhood Disability Research (www.canchild.ca). CanChild is an internationally renowned education and research centre that broadly addresses the issues and concerns of children and youth with disabilities and their families. When I joined CanChild, there were only a few scientists but they were progressive, had shared values and varied perspectives and were tremendous mentors. It was my privilege to serve as CanChild’s Director from 2006-13, a time in which we were able to build capacity and strengthen our knowledge translation efforts. CanChild now has over 50 scientists and research associates and our evidence-based website is accessed thousands of times each week. My personal program of research has benefitted tremendously from my close research collaborations with Nancy Pollock, a McMaster faculty member and OT clinician scientist, and Cathy Hecimovich, a decision-maker in the Ontario health system, as we have developed and implemented Partnering for Change, a new model of OT service delivery in schools. I have also worked closely with Dr. John Cairney, who holds a Professorship in Child Health Research and this has resulted in a new research collaborative, the Infant and Child Health (INCH) Lab (www.inchlab.ca).

To view this profile in its entirety, please click here LINK http://www.acotup-acpue.ca/English/sites/default/files/Profiles/Cheryl%20Missiuna%20%28McMaster%20University%29.pdf
The University of British Columbia (UBC), Department of Occupational Science and Occupational Therapy is delighted to announce that Dr. Rachel Thibeault received a 2015 Honorary Doctorate on Friday, November 27, 2015. The conferring of Doctor of Science, honoris causa on Dr. Thibeault coincides with the UBC Centenary celebrations.

Dr. Thibeault is well known in Canada as an occupational therapist, professor, and community developer, and internationally as an activist for health, well-being and social justice in the global community. Her impressive career of international service is grounded in the founding principles of client-centred occupational therapy, collaboration, respect for human dignity, and the power of occupation to improve health and meaningful participation. Her community-based programs and research in Africa, Asia, and South America are particularly noteworthy as she has co-created small businesses with local youth and adults affected by war and conflict, disease, and disability by introducing novel microcredit programs and using client-centered values to help establish sustainable employment. In Laos, Lebanon, Nicaragua, Zambia, Ethiopia and Sierra Leone she focused on skill development and vocational training programs for girls and women. While advocating for these communities she has helped Canadian occupational therapists recognize the links between social justice and meaningful occupations. She is both a pioneer and advocate for community development and eloquently shares with others ways to restore and sustain social enterprise to promote health and well-being. Her work has saved lives and improved the quality of life for many vulnerable individuals including those disabled or disadvantaged by circumstances that are rarely encountered by many of us in Canada.

Not surprisingly, Dr. Thibault has received numerous awards in recognition of her achievements. In 2001 she was awarded the Muriel Driver Lectureship, the highest award given by the Canadian Association of Occupational Therapists. Her teaching excellence has also been recognized with several awards in 2002, 2003, 2005, 2007 and 2008. Most notably, in 2013 Rachel Thibeault was named an Officer of the Order of Canada, for “expanding the boundaries of occupational therapy and advocating for persons with disabilities,” with the following citation extracted from the Order of Canada Archives:

Rachel Thibeault has empowered marginalized people around the world. An occupational therapist and professor at the University of Ottawa, she has developed rehabilitation and social integration programs for landmine survivors, war-affected children, and people living with HIV/AIDS and leprosy. She shares her experiences as a speaker, inspiring a generation of occupational therapists and other professionals to expand their practice beyond traditional boundaries.

During her 3-day visit at UBC in November 2015, Dr. Thibeault met with the Dean of the Faculty of Medicine, the Vice-Provost Health, and numerous faculty and students on campus. She gave a public lecture to the UBC community titled “Going against the flow: Low-cost, accessible strategies for building resilience” where she profiled her research on resilience drawing from the fields of psychology, neuroscience and occupational therapy, and explored low-cost, accessible and user-friendly strategies for resilience and well-being. Her visit culminated with a reception for honorary degree recipients and special guests hosted by UBC President, Dr. Martha Piper.

It was a tremendous honour to host Dr. Rachel Thibeault in Vancouver and celebrate her distinguished achievements. We are extremely proud that the University’s tribute committee recognized the important work of occupational therapists and applauded Rachel’s specific contributions to health through occupation.
A team of Health Sciences faculty members at Western University and Fanshawe College received grant support from the Ontario Online Initiative of the Ministry of Training, Colleges and Universities to update the on-line, interprofessional education program designed to prepare both students and preceptors for on-site practical experiences occurring in fieldwork placements. This initiative continues to be a way to prepare preceptors and students for success in enhancing the teaching and learning that occurs in practice settings.

The information in the second edition will be available through www.preceptor.ca after January 1, 2016. Users who are currently registered in the program can continue in the first edition or opt to enter the revised program. The program will continue to be free and the content enhanced with new learning, downloadable resources, learning exercises, references, and animated case scenarios. Learning is self-directed, in that each section can be used

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alone and modules do not have to be completed in any particular order. Upon completion of learning in each module, a certificate is generated capturing the participant’s reflection on learning.

The second edition of the Preceptor Education Program for Health Professionals and Students (PEP) will consist of 9 on-line, self-directed units of learning and builds on the earlier edition and its success in providing education to preceptors and students for the past 8 years. Each module can be completed on its own in approximately 30 to 40 minutes and includes the following topics:
- Orientation and Preparation
- Developing Learning Objectives
- Giving and Receiving Feedback
- Understanding and Fostering Clinical Reasoning
- Fostering Reflective Practice
- Dealing with Conflict
- The Evaluation Process
- Peer Coaching
- Optimizing Learning

The second edition of PEP is currently being piloted with 100 students and preceptors, after which the modules will be tweaked, taking into account the feedback we receive. Thank you to all who have supported the existing program and look for the new edition to be fully accessible by January, 2016!

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Wishing everyone a joyous Holiday Season and only the best in the New Year!