



ACOTUP/ACPUE is a national organization that promotes and develops occupational therapy education and research with an understanding of issues in a global context.

NEWSLETTER – ISSUE 29 – 2016

DALHOUSIE SCHOOL OF OCCUPATIONAL THERAPY WELCOMES DR. LYNN SHAW AS NEW DIRECTOR

Dalhousie School of Occupational Therapy is pleased to introduce and welcome Dr. Lynn Shaw as our fourth Director. Her five year term is effective from August 15, 2016.

Dr. Shaw graduated from the University of Western Ontario's Department of Occupational Therapy with her B.Sc. in 1984 and her M.Sc. in 1998. She earned her Ph.D. from their Department of Rehabilitation Science in 2005.

Dr. Shaw was most recently Vice-President Academic at the Pacific Coast University for Work Place Health Science. She has held faculty positions at the University of Western Ontario in the Department of Occupational Therapy and at McMaster University in the Department of Rehabilitation. She currently holds adjunct faculty appointments with the University of Western Ontario and Vancouver Island University.

Throughout her career, Dr. Shaw has held various clinical and leadership roles in occupational therapy practice that fo-

cused on work assessment and rehabilitation, orthopaedics, mental health, home care, occupational rehabilitation and return to work in a variety of settings including the position of Senior Specialist at Cami Automotive. She has held management positions at Comcare Health Services and at the London Health Sciences Centre.

Dr. Shaw also served two terms as President and one as Vice-President of the Canadian Society of Occupational Scientists.

We look forward to Dr. Shaw's leadership in our School.



DR. WENDY PENTLAND RETIRES FROM QUEEN'S

The Queen's University Occupational Therapy Program announces the retirement of Dr. Wendy Pentland on July 31, 2016. Wendy joined the faculty at Queen's in 1984 as a lecturer and proceeded to move up the ranks. During her 32 year career at Queen's, she focused her scholarly efforts on understanding the relationships between occupational balance, values and meaning and the application of these concepts to health promotion and the enablement of people to live personally meaningful, healthy and fulfilling lives.

Her work also addressed the social participation of people with disabilities, including time use, aging and issues specific to women with disabilities. Her teaching over the years included courses on the Environmental Determinants of Occupation and System-Level Communication, and supervision of many critical enquiry projects. She also taught courses in Aging, and Disability and Wellness in the Community for our Rehabilitation Science (RHBS) program, and served as thesis supervisor for students in the MSc and PhD programs. She recently com-

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pleted a term as interim Chair of the RHBS Program.

In recent years Wendy sought training in coaching and in 2006 she completed certification to become a Professional Certified Coach (PCC) through the International Coach Federation. This gave her new perspectives on occupation, life-meaning and wellness. She integrated this perspective into the OT curriculum through a revised and clinically applicable course in Coaching and Counselling. Along with three occupational therapist coach colleagues from Australia, Britain and the United States, Wendy has just completed co-editing the first book on the application of coaching in occupational therapy that is being pub-

lished by CAOT and due to be released in October 2016. Wendy will be continuing her life and executive coaching business in retirement, and taking time in between clients to travel and pursue other interests. A celebration of Wendy's career will be held on September 15th.



NEWS FROM MCGILL UNIVERSITY'S SCHOOL OF PHYSICAL & OCCUPATIONAL THERAPY (SPOT)

Barbara Shankland, Faculty Lecturer at SPOT has been awarded the Prix d'Excellence from the Ordre des ergothérapeutes du Québec. The award is given annually to an occupational therapist with more than 15 years of experience, and recognizes outstanding personal qualities as well as involvement and actions directed towards the development, progression, promotion and updating occupational skills. The winner of this award is deemed to have made a significant impact on the profession.



SPOT researchers were very successful in the first CIHR Project Scheme competition that was recently announced, among whom was Dr. Alik Thomas! She was awarded full a grant as Principal Investigator (PI) and will lead her team, including three other SPOT researchers, for their project titled "Evolution of evidence-based practice: evaluating the contribution of individual and contextual factors to optimize patient care." The project has been funded for 4 years.



To stay current with what's happening at McGill's School of Physical & Occupational Therapy (SPOT), check out the School's website www.mcgill.ca/spot or join the group on *Facebook* or *LinkedIn*.

SUPPORTING THE DEVELOPMENT OF COMPASSIONATE OCCUPATIONAL THERAPISTS

Occupational therapy education is not only about conveying knowledge, but nurturing values and attitudes. While occupational therapists would consider compassion as a core value of client-centred practice it has been given little attention in the occupational therapy literature. Queen's Occupational Therapy faculty Catherine Donnelly (project lead), Susanne Murphy and Anne O'Riordan were part of an interprofessional team who received funds from the AMS Phoenix Project to develop, deliver and evaluate an online compassionate care module. The project sought to fill a gap in the sparse literature on the teaching and learning of compassionate care.

The Compassionate Collaborative Care Module includes six chapters: 1) introduction to compassion, 2) self-compassion, 3) compassion for your patients, 4) compassion for your team, 5) compassion at work and 6) compassion in action.



The module has been piloted with students completing an interprofessional primary care placement. A new chapter was introduced to the students each week while they were on placement coupled with a 1-hour face-to-face discussion of the module and examples from practice. Evaluation of the pilot feedback found that completing the module made them more aware of acts of compassion in practice. Compassion became an explicit lens upon which they viewed their clinical and team interactions. Having the modules completed on a weekly basis ensured it was a consistent part of their clinical practice. *"I was more mindful of compassion, being compassionate ... it was good to talk about it on a regular basis, it was always on the forefront of my mind"*

Since the original pilot, the team has developed a workshop for health care teams and the module has been included in the program's Advanced Professional Practice course.

The modules are open access and can be found on the Office of Interprofessional Education and Practice website: http://healthsci.queensu.ca/education/oipep/online_modules

LICIT, ILLICIT, PRESCRIBED: SUBSTANCE USE AND OCCUPATIONAL THERAPY

Valuable Occupational Therapy Resource Launched

The Canadian national occupational therapists' annual conference in Banff, Alberta was the backdrop for the recent launch of Dr. Niki Kiepek's new book, *Licit, Illicit, Prescribed: Substance Use and Occupational Therapy*. The book, reflective of over ten years of education, research and experience in the field, highlights the important role that can be played by

occupational therapists.

There is great variability in terms of who works in addiction services, resulting in similar variability in the quality of the services provided. Through her experience, she noticed that the main focus was on supporting people to stop using substances, as well as relapse prevention, but little attention on helping people to fill the gap with en-

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gagement in meaningful activity. Thus, the role of occupational therapy became evident. "Whether it's eating healthy meals, getting more exercise, or returning to a job or school, you need to focus on meaningful life goals. Maybe it's fishing or being a leader in the community... but 'success' needs to be measured beyond the 'use' of a substance," Dr. Kiepek clarified.

As she began doing presentations to health care professionals regarding substance use interventions, and later, as a result of her research, she started to get many enquiries, and realized there were few resources for occupational therapists. That's when she decided to write the book. "I wanted to present the OT perspective," she commented, and with so many people asking for guidance, she thought it would be a more efficient way to respond. She also wanted to bring forward a more critical perspective, confronting myths and presenting diverse representations of varying patterns of substance use and their outcomes.

Writing a book was a new experience for Dr. Kiepek. This book was several years in the making, requiring three rounds of peer review and subsequent revisions. The current version reflects "what we know so far" and provides a starting point for occupational therapists. She is hopeful

that people will critique the work and share their own experiences, so it becomes a learning tool for all involved. The book is available at: <https://www.caot.ca/store/>

Dr. Kiepek, currently an Assistant Professor in the School of Occupational Therapy, has shared her expertise in the development of Dalhousie's new *Graduate Certificate in Mental Health and Addictions*, an exciting new online program focused on better preparing health care professionals to support health and well-being of people experiencing mental health, substance use and/or addiction issues. For further information regarding this certificate program, consult:

<http://www.dal.ca/faculty/healthprofessions/programs/graduate-certificate-in-mental-health-and-addictions.html>

Information about Dr. Kiepek's ongoing program of research at Dalhousie, *Understanding Substance Use: Performance and Experience*, can be obtained at:

<http://www.dal.ca/sites/substance-use.html>



UNIVERSITY OF OTTAWA - HOT OFF THE PRESS

It was our great pleasure to welcome Prof. Navah Ratzon on July 29th 2016, from the Occupational Therapy Department, at the School of Health Professions at the Sackler Faculty of Medicine, the University of Tel Aviv, Israel. She came to be at presentations of the research projects of our graduating students.

For the last two years, Prof. Ratzon supervised three students from the Occupational Therapy Program at the University of Ottawa, guiding them toward stimulating results in a study of driving restrictions and driving cessation in women over 65 years.

It was a first time for our students to be supervised in research with a professor in Occupational Therapy from Is-

rael, a distance learning experience that was successful and exciting.

Here is a quote from a student: "Throughout the process (of distance learning), I learned how to communicate effectively through Skype and email in order to ensure that nuanced details of the project were executed properly". (Virginia Reebs, graduating student)

Not only was Prof. Ratzon involved in the supervision of a research project, but also, she agreed to evaluate the presentation of several research posters of her students' classmates. The questions and discussions with students were lively and interesting!

The end of the day was crowned by a motivating pres-

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entation from Prof. Navah Ratzon on *The Correlation between Eye Movement, Cognitive Tests and Driving Simulator Performance among Adolescents with ADHD*.



All the best Prof. Ratzon and thank you for your generosity and expertise!!

תוארתהל, Until Next Time!

WESTERN'S SCHOOL OF OT SAYS GOODBYE TO TWO LONG-TERM FACULTY MEMBERS

This Summer and Fall the School of Occupational Therapy at Western University is bringing appreciation to two of our long-term faculty members, who are entering the next phase of their journeys—retirement. These individuals, Dr. Lilian Magalhaes and Prof. Ann Bossers need no introduction to this community, however by honoring them, we do want to reflect on their standing and contributions. Both of them have served as exceptional ambassadors for the profession of Occupational Therapy, and lived as fountains of knowledge for the School of Occupational Therapy, the field of Occupational Science (Magalhaes) and the fieldwork education program (Bossers).

Specifically, Dr. Lilian Magalhaes is an Associate Professor in the School of Occupational Therapy at the University of Western Ontario. Originally from Brazil, but having lived in Canada for the last 15 years, her research interests focused on emancipatory health practices, community engagement, and mental health. Dr. Magalhaes has secured national and international funding to support projects in investigating the living and working conditions of undocumented immigrant workers in the Greater Toronto Area. In these projects Dr. Magalhaes applied innovative visual methods, which afforded interesting venues to convey the participants' narratives of precarious working conditions, and resemblances of occupational injustices. Dr. Magalhaes



has been successful, internationally, in capacity building for international research efforts in occupational therapy education.

Prof. Ann Bossers has been an Associate Professor in the School of Occupational Therapy for the past 30 years. Prof. Bossers developed one of the first and most extensive international fieldwork education programs, a program that has been touted as trend-setting in Canada and beyond. She also pioneered competency-based fieldwork evaluation in occupational therapy, providing the basis for the national competency frameworks of CAOT and ACOTRO. Prof. Bossers brought together an interdisciplinary group of scholars to develop the *Preceptor Education Program*, used by over 20,000 students and preceptors around the world. Ann is a builder of community, and has served as coordinator of the school's alumni and homecoming events for many years. Her skill in navigating complex environments and systems opened many opportunities for students.

Those of us who have worked with these individuals are very aware of the joys, privileges, and collegiality that these partnerships embody. Western's School of OT thanks both of these very special individuals—our newest professors Emeriti—for their outstanding service over the years, and wishes them well with all of their future plans!



ACOTUP RESEARCHERS' PROFILES

Name of Researcher: Joyce Magill-Evans, U of Alberta
Degrees and Professional Qualifications (including fellowships): PhD, MSc, BOT

Area of Research: My research program focuses on children/youth and their families with concurrent interests in research utilization by service providers and the role of theory in practice. My goal has always been to do research that matters to practice. I have used both qualitative and quantitative methods and have done a number of longitudinal studies.

Research Related Awards and Honours:

- J. Warren Perry Distinguished Author Award for article "Effects of profession and facility type on research utilization by rehabilitation professionals"
- CAOT Fellowship award
- Faculty of Rehabilitation Medicine Mentoring award

Grants / Funding History (examples):

- Family life experiences: Transitions with adolescents with disabilities (A collaboration with a physical therapist, parent, and psychologists based in a rehabilitation hospital. Results were disseminated throughout the province to caregivers, policy makers, & service providers.). SSHRC.
- Longitudinal evaluation of the stability of preschool gross motor, fine motor and speech development and prediction of children's performance at seven years of age. (A collaboration with a physical therapist, occupational therapy and speech language therapists that changed our understanding of development with implications for assessment). CIHR.
- Maternal-Fetal-Newborn Health Strategic Training Program Grant (A multi-year collaboration with nursing, medicine and rehabilitation that mentored the next generation of researchers who ranged from bench scientists to front-line clinicians). CIHR.

Research Collaboration: I have been strongly committed to research collaborations my entire career. Each member of the team brings expertise and a unique body of knowledge to the project which strengthens the quality of research and increases research uptake during dissemination. My commitment is reflected in that I am rarely sole author or sole investigator and have published a guest editorial and made presentations on collaboration. My collaborations are at the end of the collaboration continuum where research team members participate in the design, implementation, and dissemination of the project. These collaborations are within and across disciplines, including faculty members, practising clinicians, and consumers (e.g., parents, person with disability). Choice of journals for publications is influenced by where they will have the greatest impact and where the information will be available to team members' colleagues as well. These collaborations have been invaluable to my research career in that team members carry projects forward despite a member having to take a lesser role due to personal circumstances (e.g., parental leave, serious illness, caregiving during the end of life of a parent). I have learned to appreciate the contribution of basic bench research to clinical practice and the importance of learning what words like "function" mean within other disciplines. Developing strong collaborations takes time to nurture and can begin intentionally or through conversations in hallways or at conferences, clinicians/other researchers reading my publications, and students

To view this profile in its entirety, please click:

<http://www.acotup-acpue.ca/English/sites/default/files/Profiles/Isabelle%20Gelin%20-%20McGill%20University.pdf>

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Name of Researcher: Mary Ann McColl, Queen's U
Degrees and Professional Qualifications (including fellowships): MTS (Theological Studies), PhD (Preventive Medicine & Biostatistics), MHSc (Community Health & Epidemiology), BSc(OT), Basic I & II Chaplaincy

Area of Research: OT theory; Disability policy; Spirituality & health; Community integration & social support.

Research Related Awards and Honours:

- Ken Langford Lifetime Member Award, Spinal Cord Injury Ontario (2013)
- Mylks Award, Queen's Theological College (2007)
- Outstanding Scholar, National Honor Society of Occupational Therapy (USA) (2003)

Grants/ Funding History:

I have selected 5 projects from 97 funded projects since 1985, totalling approximately \$17million.

- McColl, M.A., Adair, B., Aiken, A., Jongbloed, L., Kobayashi, A., Timmons, V. et al. (2009-14). The Canadian Disability Policy Alliance: Learning collaborative and equity coalition. Social Sciences and Humanities Research Council of Canada, Community-University Research Alliance (\$1,000,000).
- McColl, M.A., Aiken, A., Green, M., Birtwhistle, R., Godwin, M., McColl, A., Norman, K., Smith, K., Brankston, G. (2009-13). Actionable Nuggets: Translating research findings on spinal cord injury into family practice. Rick Hansen Foundation (\$290,000).
- McColl, M.A., Stienstra, D., Shortt, S., Boyce, W., Godwin, M., Havens, B., Kaufert, J., Krogh, K. (2003-05). Reducing inequities in access to primary and preventive health services for people with disabilities. Canadian Institutes of Health Research (\$99,176).

Research Collaboration: My most productive research partnership has been with Spinal Cord Injury Ontario (formerly the Canadian Paraplegic Association Ontario). I have

worked with them since my doctoral dissertation in 1987, and have collaborated on at least 20 projects over my career. Most recently, SCIO has been the leading community partner in the Canadian Disability Policy Alliance, a national collaboration of disability researchers, community organizations, and federal and provincial policy-makers, aimed at co-creating and mobilizing knowledge to enhance disability policy in Canada. The Alliance was funded by the Social Science and Humanities Research Council for a period of 5 years (2009-14) to address five policy areas: Culture & recreation; Employment; Education; Federal disability policy; Health services.

To view this profile in its entirety, please click:

<http://www.acotup-acpue.ca/English/sites/default/files/Profiles/Mary%20Ann%20McColl%20-%20Queens%20University.pdf>

Name of Researcher: Mary Egan, University of Ottawa
Degrees and Professional Qualifications (including fellowships): PhD (Epidemiology and Biostatistics); MSc (OT); BSc (OT)

Area of Research: Personally valued activities; Connection with health and well-being; Evidence-based and theoretically defensible occupational therapy; Spiritual issues in occupational therapy and; Coordination of care.

Research Related Awards and Honors:

- Golden Quill Award, CJOT (2011)
- Barbara Sexton Lectureship Award, Western University (2011)
- Muriel Driver Memorial Lecture Award (2007)
- A CAOT Fellowship (2007)

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Grants/ Funding History:

In the last 7 years, Professor Egan has received 22 grants as a primary investigator or co-investigator. Of these, 11 have been from the Canadian Institutes of Health Research and 5 have been from provincial and national stroke research organizations. Her grants include:

- PI M. Egan. (2013). Seniors, risk and successful aging; towards a broader understanding for rehabilitation. Canadian Institutes of Health Research.
- PI W. Gifford. (2013). A systematic review of managerial leadership for research use in nursing and allied healthcare professions. Canadian Institutes of Health Research.
- PI D. Kessler. (2013). OPC-Stroke: A stroke-focused metacognitive intervention. University of Ottawa Brain and Mind Institute.

Research Collaboration: I am very fortunate to have many valuable research collaborations. One of the most important has been with my UOttawa colleague, Professor Claire-Jehanne Dubouloz. I was intrigued by the originality of Dr Dubouloz's research and extremely impressed with the rigour of her work and her broad and deep understanding of qualitative methods. I invited her to participate on an on-line learning action research grant several years ago and really enjoyed working with her. I have been lucky enough to work with her on a number of grants and a number of student projects since. Working with her has really helped me stretch methodologically and it's been great fun.

To view this profile in its entirety, please click:

<http://www.acotup-acpue.ca/English/sites/default/files/Profiles/Mary%20Egan%20-%20University%20of%20Ottawa.pdf>

QUEEN'S OCCUPATIONAL THERAPY PROGRAM CULTURAL EXCHANGE WITH JAPAN

Over the reading week in February three Queen's University occupational therapy students - Charlotte Larry, Casandra Boushey and Gowshia Visuvalingam -were selected as members of a delegation to Niigata University of Health and Welfare (NUHW) in Japan, along with Dr. Setareh Ghahari, Assistant Professor in the Occupational Therapy Program. The purpose of the trip was to exchange information about occupational therapy practice between students and faculty of Queen's University and NUHW. Through visits in both directions, faculty and staff have been able to exchange an abundance of information regarding education, research and practice in both countries. It was exciting for the students to embark on a journey that opened their eyes to new perspectives about their future profession and how it is practiced around the world. NUHW offers a 4-year undergraduate program in Occupational Therapy. The team was keen to witness and

experience the learning similarities and differences this educational approach would have from a curricular perspective.

The group spent seven days in Niigata, a rural region facing the Sea of Japan on the northwest coast of the country. There were many planned events such as meetings with OT faculty, visiting OT clinics in hospitals, attending OT classes, a presentation by Dr. Ghahari on the importance of self management, lunchtime events with traditional food prepared by students, meetings with the NUHW president and a mini-symposium to further knowledge about OT faculty research at NUHW.

Pre-existing knowledge and understanding of occupational therapy practice in Japan was greatly enhanced by the opportunity to visit diverse practice settings, including a skilled nursing facility, the Nagaoka Children's Hospital, an outpatient rehabilitation hospital, and a psychiatric hos-

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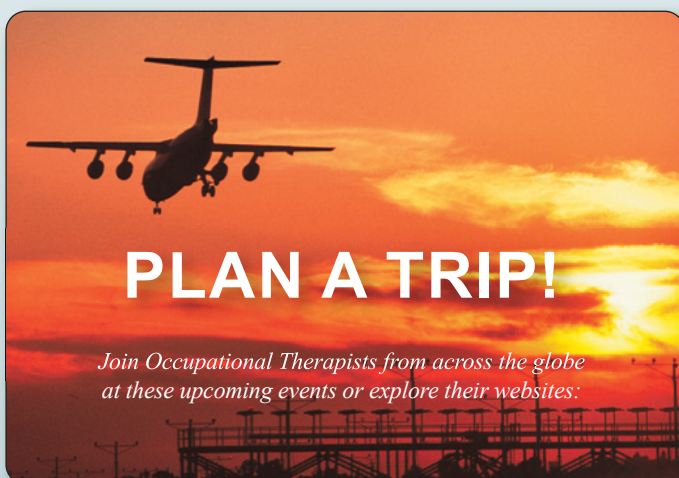
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pital. Throughout the clinical visits the team was fortunate to meet with a variety of people to further their understanding of OT practice in Japan. There were demonstrations and opportunities to observe the many treatment modalities used, such as splints for musculoskeletal injuries, driving simulation for retraining after critical illness, and music and art based groups.

Being immersed in classroom and clinical settings was an invaluable learning experience. This experience furthered our understanding of the Japanese healthcare system, the models that govern occupational therapy practice in Japan, and how occupational therapists advo-

cate for their clients to receive required services. Although they had different approaches to some of their interventions, OT practice appeared to yield similar results to approaches used in Canada.

The enriching weeklong exchange visit to NUHW not only expanded our perspectives of occupational therapy, but deepened the team's admiration and dedication to this profession. The trip taught a valuable lesson, to be inclusive of cultural preferences! Queen's will host a delegation of 5 students and 2 faculty members in mid-September of this year.



Mississauga, Ontario
2016 OSOT Conference
September 23 & 24, 2016

Visit the website for more information <http://www.osot.on.ca/imis15/>

Montreal, Quebec
Clinical Reasoning
October 25-28, 2016

Visit the website for more information <https://www.dpcmed.umontreal.ca/event/ergo-conference-internationale-de-montreal-sur-le-raisonnement-clinique/>

Shanghai
10th Pan-Pacific Conference on Rehabilitation
November 4-6, 2016
Visit the website for more information <http://www.ppcr2016.org/>

*Hope everyone had a super
summer and looking forward to
an awesome autumn!*